

# 2010 ICKFA Lithgow Karate Tournament

## *Sunday, 7<sup>th</sup> March 2010*

Lithgow High School 1 Pau St Lithgow 2790  
 Registration: 8.30 am Competition starts: 9.00am sharp

### COMPETITION ENTRY FORM

First Name ..... Surname .....

Full Address .....

Email .....

Phone ..... Mobile.....

Age (as at 31/12/2009).....Date of Birth...../...../.....

Karate Rank (Belt Colour) .....

Instructor ..... Dojo.....

Height.....cm Weight .....kg (Required for allocating students to kumite events)

**Please make cheques payable to: BMCKA. Submit completed form entries to: Your dojo instructor**  
**Entry Fee: \$30 per person**  
 (Price includes entry to all relevant divisions in the event)

Please indicate the events you would like to participate in.

Event	Description	Yes or No
Little Dragons (4 – 7 years)	Basic Techniques	
Little Dragons (4 -7 years)	Skills Test	
Kata	Set sequence of karate techniques (E.G Kihon Kata Ichi)	
Kumite	Sparring (competitors will be placed into divisions based on age, grade, height, weight)	
Team Kata	<b>Minimum of 3 Team Members. Enter team members if known</b>  1. _____  2. _____  3. _____	
Team Kumite	<b>Team Members can be from the following groups but will still be matched on grade, height and weight</b> • 7 – 9 yrs • 10 – 13 yrs • 14 – 17 yrs • 18 + Years	

**Parents and Students: Can you HELP?**

Volunteer Name/s		
Contact Number/s		

*Please return all forms to your Sensei by Wednesday 3rd<sup>th</sup> March, 2010*

**YOU MUST SIGN THE TOURNAMENT DISCLAIMER TO PARTICIPATE**

International Chito-Ryu Karate Federation of Australia Inc

# Tournament Disclaimer

**YOU MUST SIGN THE FORM BELOW TO VALIDATE YOUR ENTRY**

**DISCLAIMER**

1. I acknowledge that I have read the definitions below.
2. I hereby acknowledge that my entry and participation in the martial arts tournament carries with it a significant risk of personal injury.
3. Therefore, I for myself and my Releasors herby relinquish, release and/or waive any action against the releasees for any personal injury sustained by me arising out of and/or in the course of the competition.
4. In addition, in the event of action being commence, I for myself and the Releasors herby indemnify the Releasees against any cost and damages arising from or connected therewith.

**DEFINITIONS**

- a. "Personal Injury" has its ordinary English meaning and includes any injury for which a person might be awarded General Damages and/or Special Damages at Common Law.
- b. "The Releasors" means my family, dependents, heirs, executors and/or assigns and any person or persons claiming through them.
- c. The "Releasees" means the management committee, officials and instructors of the International Chito-Ryu Karate-do Federation of Australia Inc and/or any person(s) jointly and/or severally involved in the conduct of the activities of the International Chito-Ryu Karate Federation of Australia Inc and its branch associations.
- d. "Any action" means any claim, right and/or cause of action for damages at Common Law or pursuant to any statute.

**I have read the above disclaimer and definitions, understand them, and have filled in the form correctly and honestly and hereby sign below.**

SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

PARENT/GUARDIAN SIGNATURE (IF UNDER 18) \_\_\_\_\_

PARENT/GUARDIAN NAME (PLEASE PRINT) \_\_\_\_\_

**Emergency Contact Details**

Name/s: \_\_\_\_\_

Relationship: \_\_\_\_\_

**All competitors will compete in bogu for kumite events as supplied  
(No head gear to be worn for juniors 13 yrs & under)**

**You must provide your own personal protective equipment for kumite:  
Groin guards (male), mouth guards and gloves**